




SPA ANJALI
AT THE WESTIN



*where nature
nurtures*

ONE SUBLIME DESTINATION | THREE INCREDIBLE JOURNEYS

Meaning “divine offering” in Sanskrit, Spa Anjali delights your senses with three incredible and unique excursions. Be taken to an extraordinary place grounded in healing traditions uncovered centuries ago.

Let Spa Anjali delight your senses with a healing journey to the Rocky Mountains, Alps or Himalayas. Find balance in the Himalayan Chakra Blessings. Discover uplifting remedies from the Alps with the Honey Dream. Embrace the energy of the Rocky Mountains with the Ponderosa Pine Therapy.



CHOOSE YOUR JOURNEY AND SEE WHERE IT TAKES YOU:

rocky mountain journey

Native Americans have called to Mother Earth for nourishment and spiritual guidance. As we walk in the footsteps of the tribes who once called the Rocky Mountains home, we gather the healing properties of indigenous herbs and local organic ingredients to soothe the mind, body and spirit.

alpen journey

Europe claims the origin of 'spa', where thermal springs became popular bathing and healing gathering places. With the evolution of holistic herbal and water therapy in the 1890s, aromatherapy was born. The Alps region is rich in European remedies, such as mineral enriched mud, flower essence and aromatic oils.

himalayan journey

Ayurveda is a holistic approach to maintaining one's health by aligning the mind, body and spirit with nature. We offer a collection of unique Chakra Blessings intended to promote a feeling of clarity and balance through energy and body work. Chakras are the center of energy in the body and by balancing the chakras we help clear negativity, balance energy and create an optimal state of well-being and wholeness.



rocky mountain journey

MOUNTAIN NECTAR BODY TREATMENT | Classic \$150 | Deluxe \$195 | Divine \$245

This nourishing treatment uses organic essential oils and rich botanicals to hydrate and rejuvenate your skin for visible results. This relaxing journey includes a full-body micro derm and antioxidant scrub followed by an aromatherapy massage. The end result is hydrated skin that looks and feels softer and smoother. The deluxe and divine treatments include a full body massage.

PONDEROSA PINE THERAPY | Deluxe \$195

To provide a true sense of healing this therapy borrows ancient Native American remedies to treat inflammation and muscle pain. Incorporating deep tissue massage, a heated handmade poultice filled with local sage, pine and lavender is used to alleviate tension.

RED CLOVER BODY MASK | Divine \$245

A signature healing exfoliant mask of red clover, mountain honey and shea butter deeply moisturizes and renews your skin. Revitalize tired muscles while enveloped in a body wrap enriched with vitamin C, calcium and antioxidants, followed by relaxing massage.

RIVERSTONE MASSAGE | Deluxe \$195 | Divine \$245

Heat from river stones penetrates through layers of muscle providing benefits of deep tissue massage while enjoying relaxing Swedish massage techniques. This treatment is ideal for anyone looking to alleviate stress, release toxins and relieve pain from sore muscles.

Classic = 50 minutes | Deluxe = 75 minutes | Divine = 100 minutes

alpen journey

MATTERHORN FOOT MASSAGE | Classic \$150

Whether strolling through the valley or conquering one of the 14,000 foot peaks, this treatment will revitalize sore and tired feet. An invigorating foot scrub, hydrating mask and massage will renew your feet and soul.

HONEY DREAM | Deluxe \$195

Boost your immune system with this warm and luxurious massage including the application of a beeswax thermal pack to balance the vital energy of the body and prevent tension and stress. The combination of honey ginger oil and beeswax will leave your skin nourished and deeply moisturized.

WILDFLOWER POLISH | Deluxe \$195 | Divine \$245

An herbal scrub made with wildflowers gently exfoliates and renews skin. Essential oils balance the mind and body promoting stress relief. Soothe your soul with a relaxing full body massage and the application of nutrient-rich body butter.

MOOR MUD WRAP | Divine \$245

Be cocooned in nourishing Hungarian mud that is abundantly rich in minerals and trace elements. This luxurious wrap detoxifies, reconditions, tones and repairs. Followed with a relaxing full-body massage the results are silky skin, deep relaxation and renewed vitality.

Classic = 50 minutes | Deluxe = 75 minutes | Divine = 100 minutes



himalayan journey

The Chakra Blessings are a collection of treatments that help to clear negativity, balance energy and create an optimal state of well-being. Chakras refer to the centers of power or energy in the body. The body's seven main chakras sit at the intersection of the energy channels that run along the spinal column and offer connection to areas within the body that may need attention, balance and care. The focus of these blessings is to remove energy blocks which may be the cause of real pain and to align the energy centers to promote a feeling a wholeness.

KUNDALINI BACK TREATMENT | Deluxe \$195

The Kundalini Back Treatment replenishes life force by using specialized techniques and concentrated oil blends to strengthen the nervous system. A nurturing therapy that activates the dormant energy at the base of the spine, re-aligning the body's rhythm and restoring a balanced state. This treatment includes a salt scrub for the feet, marma point therapy and heated poultices to balance the chakras.

DOWN TO EARTH BLESSING - MULADHARA | Divine \$245

Muladhara, the root chakra, is located at the base of the spine. It relates to our basic needs, our sense of security and survival. The Down to Earth Blessing calms the body and mind, creating inner peace and balance. It combines a foot wash, frankincense smoke, Tibetan singing bowls and a slow, relaxing massage with grounding oils of vetiver, ginger, patchouli and jatamansi. This treatment induces a deep sense of stillness that will leave you feeling ready to take on the world.

SHINE FROM WITHIN BLESSING - MANIPURA | Divine \$245

Manipura means 'beautiful, shining jewel' in Sanskrit. This refers to the naval chakra, or center of fire and sun energy that ignites our health and vitality. It includes a detoxifying foot and body scrub, bio-energy mud wrap, marma point massage, lymphatic drainage and placement of Himalayan poultices to harness and restore inner radiance and positive feelings, renew strength and health.

Classic = 50 minutes | Deluxe = 75 minutes | Divine = 100 minutes

himalayan journey

WAY OF THE HEART- ANAHATA | Divine \$245

Anahata, the heart chakra, is located at the center of the breast bone. This is the area where the physical and the spiritual meet. It is the center of unconditional love and governs compassion, forgiveness, generosity and well-being. The treatment begins with a foot scrub to detox and ground the body. Warm Himalayan stones, rose quartz crystals, essential oils of jasmine, rose and lavender bring focus and energy to the body and mind. This treatment will allow your heart energy to flow freely to not only love to others, but yourself as well.

PEACE OF MIND BLESSING - AJNA | Divine \$245

Ajna, the third eye chakra, is located in the center of the forehead. Responsible for spiritual insight, it also deals with perception and intuition, imagination, concentration and peace of mind. When our Ajna is balanced it can harmonize our emotions. This treatment will detoxify the body with a blissful soak, energize and balance chakras with the shirodhara, the sacred pouring of warm oil, over the forehead and with focus on specific marma points of the face to leave your soul feeling aware and balanced.

INDIAN HEAD MASSAGE | Classic \$150

Ground the mind and body with this specialized Himalayan treatment, beginning with a massage of the back, neck and shoulders, followed by a balancing Himalayan Marma massage and a restorative scalp treatment.





massage

SPA ANJALI SWEDISH MASSAGE

Classic \$140 | Deluxe \$185 | Divine \$235

Long flowing, relaxing strokes designed to relieve tension, stress and sore muscles. With regular sessions, this Swedish massage will decrease muscle toxins while improving circulation and flexibility.

CUSTOM MASSAGE

Classic \$150 | Deluxe \$195 | Divine \$245

With this customized massage you can blend the benefits of a relaxing swedish massage and theraputic deep tissue massage to cater to individual needs.

DEEP TISSUE MASSAGE

Classic \$150 | Deluxe \$195 | Divine \$245

Muscle-specific work focuses on problem areas including tension, pain, injuries and chronic ailments. Select a classic session to target a particular problem area or choose a longer session for a full body treatment.

ROCKY MOUNTAIN SPORTS MASSAGE

Deluxe \$195 | Divine \$245

Sports-specific stretches begin your therapeutic massage to ease pain and stiffness while increasing joint mobility. Designed to alleviate inflammation and soreness to overworked muscles.

THAI YOGA MASSAGE

Classic \$150 | Deluxe \$195 | Divine \$245

Thai Table massage is an ancient system of healing with its root in yoga. This massage combines gentle rocking, pressure point therapy and assisted stretches in order to relax and revitalize the body and mind. Please wear loose fitting clothing for this massage.

SEASONAL WELLNESS MASSAGE

Classic \$150 | Deluxe \$195 | Divine \$245

Enjoy a relaxing custom massage using our seasonal oils blended to help restore balance and wellbeing throughout the year.

Classic = 50 minutes | Deluxe = 75 minutes | Divine = 100 minutes

massage

PRE-NATAL MASSAGE | Classic \$140 | Deluxe \$185

An especially relaxing massage to nurture both mother and baby. Extra care and attention is given for the mother's comfort and stage of pregnancy. Please state term of pregnancy when scheduling.

COUPLES MASSAGE

Classic \$150 | Deluxe \$195 | Divine \$245

Price is per person. Share your spa experience with someone special. Relax side-by-side while receiving a full body massage with a choice of organic massage oils.

IN-ROOM MASSAGE | Deluxe \$245 | Divine \$300

Experience a custom massage in the privacy and convenience of your guest room at the Westin. Enhance your experience with a Wellness Bath \$25. Choose from: High-Altitude Recovery or Restful Sleep.

ENHANCEMENTS | \$20

Must be booked in conjunction with a massage.

Hot Oil Treatment (hands or feet) | Target Scrub (back or feet) | Therapeutic Muscle Balm | Hydrating Shea Butter | Cucumber Sun Relief

Classic = 50 minutes | Deluxe = 75 minutes | Divine = 100 minutes



facial

SPA ANJALI FACIAL

Classic \$150 | Deluxe \$195

Perfect for all skin types. Protect skin from free radicals with this deep-cleansing facial customized with an array of organic fruit masks. Personalized based on the season and skin type; naturally exfoliate with your choice of an enzyme peel or fruit acid application.

AGE DEFENSE

Classic \$150 | Deluxe \$195

Indulge in this organic facial to experience advanced age prevention and correction. A lactic acid peel combined with a potent dose of Vitamins C + E deliver powerful antioxidant protection. Botanical technology provides defense against free radicals, while boosting collagen. Discover nature's true potential and achieve brighter, clearer and younger looking skin.

ILLUMINATING FACIAL

Classic \$150 | Deluxe \$195

The perfect facial treatment to nourish, repair and brighten environmentally damaged skin. This facial infuses Vitamin C, Kaolin Clay, and powerful Peptides that combat hyper-pigmentation and pre-mature aging while restoring firmness for a more youthful, radiant appearance.

MEN'S DEEP CLEANSING FACIAL | Classic \$150 | Deluxe \$195

A targeted treatment for the unique needs of masculine skin using a customized set of products. Keep your skin fit with an enzyme exfoliation and soothe with anti-aging oils that work to repair, restore and renew the face and neck.

LUXURY FACIAL | Deluxe \$195 | Divine \$245

Our most luxurious facial takes you on a deeply relaxing journey. Experience our aromatherapy facial with antioxidants, vitamins and live enzymes combined with plant stem cells and powerful peptides to nourish and hydrate. The end result is moisturized skin that looks and feels softer, smoother and years younger.

Ask our knowledgeable staff which facial is right for you.

Classic = 50 minutes | Deluxe = 75 minutes | Divine = 100 minutes

day packages Inspired by our three healing mountain journeys.

ROCKY MOUNTAIN HIGH | \$395

- Please allow up to 3 hours of delight
- Red Clover Body Wrap
- Divine Luxury Facial

ALPEN REJUVENATION | \$370

- Please allow up to 4 hours of renewal
- Classic Custom Massage
- Classic Spa Anjali Facial
- Spa Anjali Manicure & Pedicure

HIMALAYAN JOURNEY TO SERENITY | \$315

- Please allow up to 3 hours of balancing
- Kundalini Back Therapy
- Deluxe Illuminating Facial

Each package includes a smoothie.

Package pricing excludes an 20% service charge. Can not be combined with any other discounts.



manicures & pedicures

SPA ANJALI MANICURE & PEDICURE

Hands: 60 minutes \$70 | Feet: 60 minutes \$85

Treat your hands and feet with our hot oil manicure or a warm paraffin pedicure. Each treatment includes a wild crafted exfoliant that leaves your skin refreshed and renewed. Complete with a pampering massage and your choice of polish.

CLASSIC MANICURE & PEDICURE

Hands: 45 minutes \$45 | Feet: 45 minutes \$60

A complete treatment with a hot towel wrap, nail trim and file, cuticle nourishment followed by a polish application.

RIVERSTONE DELUXE PEDICURE | 75 minutes \$115

The essence of hot stones' penetrating warmth and healing energy awakens tired soles. Warm river stones are used to provide relaxation as we massage your feet and lower legs and end with your choice of polish.

MOUNTAIN MAN MANICURE & PEDICURE

Hands: 30 minutes \$45 | Feet: 50 minutes \$75

The manicure is tailored to spruce, buff and soften the skin so that your hands are repaired and revived. The pedicure uses a scrub and cooling balm to sooth, restore and transform tired feet.

TWEEN DELIGHT (for ages 8 to 12)

Mini Manicure 15 minutes \$20

Mini Pedicure 15 minutes \$30

POLISH CHANGE

Hands: 15 minutes \$20 | Feet: 15 minutes \$30

ENHANCEMENTS

French Polish add 15 minutes \$10

Gel Polish Removal add 15 minutes \$15

Paraffin add 20 minutes \$20

hair Prices vary depending on length and thickness of hair

CUT & STYLE

Ladies design, cut and style	\$75 - \$95
- Above the shoulders	
- Below the shoulders	
Spa haircut - includes scalp/neck massage	\$105
Shampoo and blow-dry	
- Above the shoulders	\$50 - \$70
- Below the shoulders	
Men's haircut	\$45
Children under 12, cut and style	\$40

COLOR

Pricing for color does not include a style or cut and varies by hair length, thickness and texture. Please ask your stylist for a time and price quote prior to your service.

Full highlight	\$140 - \$160
Partial highlight	\$125
Full color	\$125
Color retouch	\$110
Placement foil	\$10 per foil

EVENT

Special event style and shampoo	\$150 - \$175
Bridal hair trial (allow 1 hour)	\$100 per hour
Updo	\$125 - \$150
Down style	\$100 - \$125

ADD ONS

Add curls or flatiron to any hair service	\$20
Adornments	\$20
Deep conditioning treatment	\$25
Brazilian blowout	\$300
Glaze	\$35
Split Ends Treatment	\$60

makeup

Event makeup application, 30 minutes	\$60
Event lash application	\$20
Bridal makeup trial	\$70 per hour
Bridal makeup	\$80
Natural spray tan	\$45

waxing

Lip or chin	\$25	Brow	\$25
Underarm	\$50	Bikini	\$50
Half leg	\$50	Full back	\$80
Full leg	\$80	Full arm	\$50
Brazilian	\$80		

*The purity of
nature from the
ground up –
in products,
treatments and
sustainable design.*

At the Salon at Spa Anjali, the harmony and perfection of nature is set into beautiful balance inside the eco-friendly walls of a unique place of nurturing for hair, nails and skin. Thoughtful of Mother Earth, every visit is a delight in discovery of stylish products with organic and natural origins. From the mineral-based makeup, all natural hair care and vegan nail care, the goodness of nature outdoors has been brought indoors.



general information

ADMISSION

All hotel guests, 16 years of age and older, may enjoy complimentary daily use of Athletic Club facilities and lap pool. The use of spa facilities is complimentary with the purchase of a spa treatment. Hotel guests not purchasing a spa treatment may use the Spa Anjali facilities for \$20 per day. Outside guests may use the Athletic Club for \$40 per day or the Athletic Club plus spa facilities for \$50 per day. The Athletic Club fee for outside guests includes a group fitness class on the day of usage.

CANCELLATION POLICY

If you must cancel or reschedule an appointment, as a courtesy to other guests and to our technicians, please give 24-hour notice prior to your scheduled appointment time to avoid a 50% charge. There is a 48-hour cancellation policy for small groups of six or more. "No-shows" will be charged the full treatment amount. If you are running late, a phone call is always appreciated. Your arrival time will determine the length of your treatment time, which will end as scheduled so that the next guest may begin promptly.

HOURS OF SERVICE

Open daily, please call for seasonal hours. 970-790-3020

RESERVATIONS

Make your reservations with our Spa Concierge by calling 970-790-3020. We recommend you schedule appointments well in advance to ensure your preferred treatment times. For group reservations, ask for the Spa Group Coordinator. Spa prices and services are subject to change.

SERVICE CHARGE

An 20% service charge and appropriate sales tax will be added to all services.

TREATMENT WITH HEAT

We recommend that guests with high blood pressure, epilepsy, a cardio condition, recent surgery or who are pregnant consult with their physician before undergoing heat treatments.

enjoying your spa experience

HOW EARLY SHOULD I ARRIVE?

Please arrive at least 30 minutes prior to your appointment to review your schedule and take full advantage of our facilities. Appointments begin promptly at the scheduled time. If you are late for your appointment, it may be shortened to allow the technician to be on time for his/her next appointment.

SHOULD I LET SOMEONE AT THE SPA KNOW ABOUT ANY ALLERGIES, AILMENTS OR DISABILITIES?

Of course! Please notify our Spa Concierge at the time of booking if you have high blood pressure, allergies, are pregnant or have any other major health issues.

WHAT SHOULD I WEAR FOR MY TREATMENT?

As you will be draped during treatments, suggested dress for massage and most other treatments is simply a robe and slippers, which are provided. Undergarments may be worn if preferred.

MAY I BRING MY PERSONAL BELONGINGS?

While the spa does have day-use lockers, we recommend that you leave valuables in the safe provided in your guest room. Non-hotel guests are encouraged to use the spa's safety deposit boxes. Many treatments require you to remove jewelry. We regret that we cannot be responsible for lost or damaged items. Due to space limitations, we cannot accommodate ski, snowboard or sports equipment in the spa or club.

HOW CAN I ENSURE A FABULOUS EXPERIENCE?

Please openly communicate your treatment expectations. Talking with your technicians will enable them to customize your services to ensure your satisfaction.

Spa Anjali recognizes the spa facility, fitness and outdoor lounge areas as sanctuaries, free from cell phones, pets and smoking.

*Nurture yourself
naturally
at our boutique.*

Bring home the rejuvenating spirit of Spa Anjali. Find inspiring, all natural and organic spa products, while discovering stylish jewelry, swim wear, active wear, unique accessories and gifts.





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